

# kommunikationsdesign

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## wer, wie, was?

Ein neues Erscheinungsbild. Um wen geht es, wie ist derjenige, was will er darstellen, wie will er sich präsentieren, was passt zu ihm sind die Fragen, die sich stellen.

Es gibt die Trends und es gibt den eigenen Stil. Mein eigener Stil versucht, die Zeitlosigkeit zu finden und doch die Individualität eines jeden Kunden hervorzuheben.

Kommunikationsdesign bedeutet mit verschiedenen Mitteln, auf verschiedenen Kommunikationsebenen und mit verschiedenen Kommunikationsmöglichkeiten über eine Person, eine Dienstleistung, ein Unternehmen zu informieren.



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Simone Schrauth

Logo, Visitenkarte

Bureau für urbane  
Zeichensetzung

Logo -Entwurf





# Anja Weber-Decker

Logo, 2-seitige Visitenkarte,  
Briefbogen

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Maria Garrett  
thai wellness massage

for an appointment please contact:  
Maria Garrett  
starfishmassage@gmail.com  
phone 020 - 7375 1551

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Maria Garrett  
thai wellness massage

What is Thai Massage?

Treat yourself to something new!

Thai Massage is a unique and powerful massage therapy, combining acupressure, gentle stretching and applied yoga.

To enhance relaxation, I blend this form of traditional Thai massage with a soothing, scented oil massage using almond or sunflower oils mixed with essence of lemongrass, orange, or lavender.

Traditional Thai massage is performed on a floor palette. During the massage, I will use my thumbs, hands, feet and elbows to apply a firm rhythmic pressure along what are known as Sen, or energy lines, which correspond roughly to your major muscle groups.

Thai massage is designed to increase flexibility, decrease stress, and to promote a sense of tranquility in spirit and body.

Hot herb massage is composed of traditional Thai massage followed by the swift and active application of warm herbal compresses along the tension/energy lines of the back and leg muscles.

These compresses are excellent for stiff, sore or pulled muscles, back pain, arthritis, chronic pain, migraines, chronic stress and anxiety. The herbs may vary, but often include ginger, cinnamon, kefir lime leaves and lemongrass.

## Maria Garrett

Visitenkarte , Informations- und Angebotsflyer  
für Maria Garrett, selbständige Thai-Masseurin,  
London, GB

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Maria Garrett  
thai wellness massage

My Work:

I work within the comfort zone of my clients to create a deeply relaxing and peaceful environment. My goal is always to work with you to sooth and stretch tired or aching muscles and to generate a prolonged sense of internal calm.

Training

I was introduced to Thai Massage at the Bangkok temple 'Wat Pho' during the year I lived in Thailand.

I received my practice certification at the Vasundhara Institute of Thai Massage, Hamburg Germany. I have worked extensively under instructors Doris Ruff-Häuser and Anphan Schmidt.

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Maria Garrett  
thai wellness massage

Hands, Shoulder & Face - good for stress headaches  
(45 Minutes) £ 30

Back & Shoulder  
(45 minutes) £ 30

Head & Shoulders  
(60 minutes) £ 45

Whole Body Thai  
(80 minutes) £ 60

Whole Body Thai with Aromatherapy Oil  
(80/120 minutes) £ 60/£ 90

Whole Body Thai with Hot Herb Massage  
(80 minutes) £ 120

Foot  
(30 Minutes) £ 20

Foot & Leg  
(45 Minutes) £ 30

Gift certificates available.

for an appointment, please contact  
Maria Garrett

starfishmassage@gmail.com  
phone: 020 - 7375 1551

Absolutely no erotic services offered.

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Maria Garrett  
thai wellness massage

Special of the Month:

Happy Valentines

Give your honey and yourself a gift that keeps on giving!

An overwhelming number of men say that they would rather be massaged by their partner than go to a salon. Most of us would be willing to do this, if only we could think of what to do with our hands for 40 minutes!

In this two hour session with me, you will learn to administer a deeply relaxing and pleasurable massage to your partner.

The session will begin with me teaching you the techniques and will end with me giving a similar 40 minute massage to you so that you will know how it feels.

At the end of the session you will receive a pamphlet will reminders and tips, a small bottle of complementary massage oil and two sealed envelopes; suggestions for two different endings, one naughty, one nice!

# german tennis college, valencia/venezuela.

Mehr als eine Gestaltungsaufgabe.  
Begleitung des Projektes von  
der Konzeption, über die Planungen,  
Standortssuche, Trainercasting,  
Öffentlichkeitsarbeit bis zu den ersten  
Trainingseinheiten...

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college<sub>oo</sub>

we celebrate tennis

## Jürgen Regenberg

°general manager  
°chief coach

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## Isabelle Bader

°pr manager

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### °Admission Form

Welcome to the german tennis college. First of all we want to know a few things about you which not only concern your age. We need these details to elaborate a tailored training plan for you.

The german tennis college works with German standards. They are different from the ones you know. Therefore be prepared that your training will be harder than ever before.

We have our own terms of training. These will be given to you on an extra page. After filling out the form and reading the terms you'll sign the approval and you're in.

\_\_\_\_\_  
Surname, Name

\_\_\_\_\_  
Date of Birth

\_\_\_\_\_  
Address

\_\_\_\_\_  
Telephone

\_\_\_\_\_  
E-mail

\_\_\_\_\_  
Number of Identity Card

Since when do you play tennis? \_\_\_\_\_

What is your national ranking? \_\_\_\_\_

What is your intention to play tennis?

- Hobby - just for fun  
 Tournament Player  
 Competitive/Professional Player

Who is your favourite tennis player? \_\_\_\_\_

Do you have the time to play six hours per week? Or even more? \_\_\_\_\_

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### °Approval Form

#### Payment information:

The fee is to pay in advance.  
Any fee for missed training units caused by you will not be payed back, if you don't apologize in time.

#### Further conditions:

Anybody who doesn't keep to the terms gets first one warning. The second will suspend you of the next training unit, the third excludes you for one week. After three warnings you will be dismissed.

#### Declaration:

I read and understood the forms of the german tennis college. I do accept the terms and the conditions of the german tennis college. I promise to follow the instructions of the coaches and to keep to the terms.

\_\_\_\_\_  
Date °°° Signature

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